



# SEPTEMBER | 2018

## Breakfast, Lunch, PS Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> No School Labor Day	<b>4</b> B: French Toast  L: Meatball sub w/marinara & Cheese, Green Beans, Fruit  PS Snack: Gold fish Crackers, Drink	<b>5</b> B: WG Muffin, Cheese Cubes  L: Spaghetti, Garlic Bread, Tossed Salad w/dressing, Fruit  PS Snack: Cereal, Milk	<b>6</b> B: WG Donut  L: Popcorn Chicken w/dip, Broccoli w/cheese sauce, Tator Tots, Fruit  PS Snack: Teddy Grahams, Drink	<b>7</b> B: WG Bagel w/Cream Cheese  L: Pizza, Mixed Greens Salad w/dressing, Cocoa Bar 136721, Fruit PS Snack: Vanilla Wafers, Drink
<b>10</b> B: WG Pastry  L: Sub Sandwich on WG Bun w/toppings, Gold Fish Crackers 112702, California Blend, Fruit	<b>11</b> B: Egg & Cheese Omelet  L: Macaroni & cheese, Slice of WG Bread w/butter, Peas, Fruit  PS Snack: Pretzels, Drink	<b>12</b> B: Breakfast Pizza  L: Hotdogs on WG Bun w/Meat Sauce, Cheese Tots, Baked Beans, Fruit  PS Snack: Cheese Cubes, Crackers, Drink	<b>13</b> B: Sausage Patty on WG Bun  L: Chicken Tenders w/Dip, Fries, Corn, Fruit  PS Snack: Pudding, Graham Crackers, Drink	<b>14</b> No School In-Service Day
<b>17</b> B: Maple French Toast  L: Cheese Burger on WG Bun w/toppings, Sweet Potato Fries, Green Beans, Fruit	<b>18</b> B: Super Donut  L: Chicken Nuggets w/dipping sauce, Carrots, Tator tots, Fruit  PS Snack: Cheese Cubes, Crackers, Drink	<b>19</b> B: Yogurt, Granola  L: Chicken Patty Sandwich, Seasoned Fries, Baked Beans, Fruit  PS Snack: Fruit, Graham Crackers, Drink	<b>20</b> B: Mini Pancakes  L: Mac & Cheese, WG breadstick, Peas, Fruit  PS Snack: WG Cookies and Milk	<b>21</b> B: WG Donut  L: Pizza Pocket (654530) w/Marinara, Spinach & Romaine Salad w/ dressing, Sidekick (824040), Fruit PS Snack: Vanilla Wafers, Drink
<b>24</b> B: Egg & Cheese Omelet  L: Corn Dogs, Sweet Potato Fries, Broccoli w/cheese, Fruit	<b>25</b> B: Sausage Slider  L: Salisbury Steak, Mashed Potatoes w/Gravy, Corn, WG Roll, Fruit  PS Snack: Yogurt, Graham Crackers, Drink	<b>26</b> B: Bagel & Cream Cheese  L: Hotdog on WG Bun w/meat sauce, Onion Rings, Cole Slaw, Fruit  PS Snack: Rice Krispy Treat, Drink	<b>27</b> B: Scrambled Eggs, Sausage links, WG toast  L: Walking Taco, Black Beans, Corn, Sour Cream, Fruit  PS Snack: Fruit, Graham Crackers, Drink	<b>28</b> B: Pancake & Sausage on a stick  L: Calzone, Mixed Greens Salad w/dressing, WG Cookie, Fruit  PS Snack: Goldfish Crackers, Drink

### News

ALL Gallia County students receive FREE BREAKFAST and FREE LUNCH.

For BREAKFAST, the following will be served: milk, fruit (fresh fruit will be served twice a week) or fruit juice. Students will have the option of the hot BREAKFAST menu item or cereal daily.

For LUNCH, the following will be served: milk, fruit (fresh fruit will be served twice a week) or fruit juice. 9-12 students will receive 1 c. serving of vegetables and fruit daily.

PS SNACK, served with juice or milk as a drink.

Menu subject to change due to availability

This institution is an equal opportunity provider.